



Create your own

# Indoor Retreat

- 3 top tips -



## - JOMO -

JOMO is an acronym for Joy of Missing Out and describes the pleasure of taking a break from social activity—especially social media—to enjoy personal time.





## - indoor retreat -

Make the most of JOMO and incorporate it into your home - Take a break from the endless hustle and bustle of the outside world and create your own little indoor retreat at home.



# indoor retreat

Living etc magazine have shared their top tips on creating your own indoor retreat to hunker down.



## 1 breathe

"Plants literally breathe life into our homes and being around them can produce feel-good effects," says Nik Southern, founder of Grace & Thorn.

That means the biophilic trend is still running strong. Think leaf motifs and lush greens to create a calm, refreshing environment.

Ulster's terraeen range is a perfect choice for those seeking a slice of the outdoors for their indoor retreat.

'Fronde' and 'Oska' are organic designs, which reflect dappled shades through branches of trees, sprays of grass or slender branches of new buds in a gentle breeze.



terraeen Fronde Krem





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STYLING

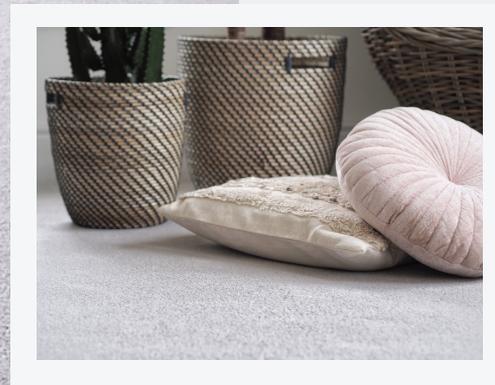
Secrets for Arranging Rooms, from Taple Maps to Popsicle Sticks  
PHOTOGRAPHS BY SAVID 1984



## 2 soft touch

"In order for a room to give you a 'hug' it needs texture and layers," advises Irene Gunter, founder and creative director of Gunter & Co Interiors.

An Ulster wool rich carpet instantly adds warmth and softness to any room. Wool carpet is a great insulator for the home, improving heat retention and energy efficiency. This, coupled with the natural softness of wool underfoot, offers great comfort and luxury.





Grange Wilton Sawgrass



HABITÜS Rustik Rope



HABITÜS Croft Soya



### 3 back to nature

"Use raw wood, foliage, earthy tones and layered textures to create a pure, simple and calm home environment. Interior stylist, writer and photographer Hans Blomquist says "natural textures and organic materials such as linen and wood are the perfect antidote to the noise and haste of the outside world". Living etc magazine describes it as "a contemporary decorating style that makes you stop and reflect- it's a new mood for a new year". Designer Louisa Grey suggests organic fibres, textures and materials like wood, wool and stone 'connect us to the earth', making a positive impact on how you feel in the space.

Made using 100% Wool, Ulster's HABITÜS collection is inspired by the quiet, understated aesthetic found in Danish design and draws on the emotional connection we create with the surrounding elements. The perfect option for those seeking natural elements.

## At a glance...

Think JOMO - disconnect from social pressures and create your own retreat.

Bring the outdoors in - Include plants and foliage along with leafy motifs and patterns to create a calming environment.

Think soft textures and layers - use natural materials such as wool to achieve warmth.

Choose earthy tones to decorate. This will give you a new mood for the new year.

Keep in mind sustainability and durability - we all need to do our bit to help the environment.

For more information on our carpets visit:  
[www.ulstercarpets.com/residential](http://www.ulstercarpets.com/residential)

